



YOUTH BASKETBALL CLINICS AND BASKETBALL LEAGUES

Girls Youth Basketball Clinic

Early Registration Fee: \$95

Saturdays, January 9 — March 19, 2016 (no program on 2/13)

Registration Fee after December 4: \$105

This program is for girls in 1st-4th grade and will be a fun introduction to the game of basketball including proper instruction on shooting, dribbling, passing, and ball handling techniques. The basics of the game will be taught including general principles of defense and offense by a variety of engaging and child-centered games, drills, and instruction. The focus will be on learning the game of basketball in a joyful, empowering, and girl-friendly environment.

This program is being offered in partnership with **Kathryn Robb and Liz O'Neil**, the co-founders of Play to Play, a non-profit organization devoted to empowering girls through the game of basketball. All clinic instructors will be trained in the Play to Play's coaching workshop: "Coaching the Female Athlete."

1st & 2nd Grade: 9:00-10:15am @ Fiske

3rd & 4th Grade: 10:30-11:45am @ Fiske

Boys Youth Basketball Clinic

Early Registration Fee: \$95

Saturdays, January 9 — March 19, 2015 (no program on 2/13)

Registration Fee after December 4: \$105



The 2nd-4th Grade Boys Youth Basketball Clinic is designed as an instructional program in which the basic skills of basketball will be introduced and reinforced through drills and scrimmage games. This program will be on Saturday mornings. All children must register in advance. Spots are limited in this program and it is limited to Lexington residents ONLY.

2nd Grade: 9:00-10:30am @ Diamond

3rd Grade: 10:45am-12:15pm @ Diamond

4th Grade: 10:45am-12:15pm @ Clarke

In-Town Recreation Basketball Leagues Grades 5 - 8

Weeknights and Saturdays, November 23, 2015 - March 12, 2016 (not on 11/25-11/28, 12/21-1/2, 1/18, & 2/13-2/18)

Early Registration Fee: \$155

Registration Fee after October 9: \$165

The In-Town Basketball League is an organized recreational basketball program for students currently enrolled in Grades 5-8. There is a separate 5th/6th grade league and a 7th/8th grade league and the leagues are gender-specific. Fundamentals, skill development, teamwork, and sportsmanship will be emphasized while competitiveness is kept to a minimum. The teams will practice for 1 hour one night a week and games will be played on Saturday afternoons. Practice and game time will rotate throughout the season and **all practices and games will take place at either the Clarke Middle School or Diamond Middle School. Information about the specific start date of practices and games for each league will be emailed to all participants in mid-November.**

5th/6th Grade Girls

Practices: 6:00-7:00pm or 7:00-8:00pm on Mondays or Thursdays

Games: 12:30pm or 1:35pm on Saturday afternoons

5th/6th Grade Boys

Practices: 6:00-7:00pm or 7:00-8:00pm on Tuesdays or Wednesdays

Games: 2:45pm, 3:50pm, 4:55pm, or 6:00pm on Saturdays

7th/8th Grade Boys

Practices: 6:00-7:00pm or 7:00-8:00pm on Mondays or Thursdays

Games: 1:00pm, 2:05pm, or 3:10pm on Saturday afternoons

7th/8th Grade Girls

Practices: 6:00-7:00pm or 7:00-8:00pm on Mondays or Thursdays

Games: 3:10pm or 4:15pm on Saturday afternoons

High School Boys Basketball League

Weeknights and Saturdays, December 2, 2015 - March 5, 2016 (no program 12/21-1/2, 1/18, and 2/13-2/18)

Early Registration Fee: \$130

Registration Fee after October 9: \$140



This 10-week High School Basketball League will provide students currently enrolled in Grades 9-12 with the opportunity to play basketball this winter. Teamwork and sportsmanship will be emphasized while competitiveness is kept to a minimum. Teams will practice for 1 hour one night a week (6:00-7:00 p.m. or 7:00-8:00 p.m. on Mondays) and **games will be played on Saturday afternoons at 4:15pm, 5:20pm, or 6:25pm at the Diamond Middle School.**

** Notice for In-Town Grades 5-8 and High School Basketball Leagues**

All participants must register in advance. Participants will be evaluated and every effort will be made to create teams of equal skill. There is a **\$25 non-refundable deposit (included in the registration fee)** for these programs. Late registrations will be accommodated only if space is available. These programs are open to Lexington residents ONLY.

The success of the Youth Basketball Clinic, the In-Town Basketball Leagues, and High School Basketball League depends greatly upon volunteer coaches. If we do not get enough volunteers, the number of participants accepted will be seriously impacted. Volunteers interested in coaching in the Youth Basketball Clinic or In-Town Leagues are asked to contact the Recreation and Community Programs Department at (781) 698-4800.